



SPECT Bone Scan: Patient Instructions

Patient Prep:

- Patient may eat, drink and take medications as normal
- Hydrate with water or clear liquids prior to exam
- Wear comfortable clothing, preferably with no metal

IMPORTANT:

- If you are pregnant, the scan may not be performed. Please consult with your referring physician.
- SPECT Bone scans must be scheduled at least 2 days after any barium studies.

If you have any questions or concerns about your appointment, please contact a Patient Care Coordinator at 720-242-9081

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